

幼稚園教育計劃

中華文化校本學習活動

栢基海韻幼稚園 Parkview Rhine Garden Pre-school

學校名稱

2025-2026

學年

UK

年級

活動名稱

茶樓文化體驗日 Experience eating in a Chinese restaurant

活動目標

- 讓學童了解中國傳統的飲食文化
Let children understand traditional Chinese food culture
- 認識及體驗中國傳統的禮儀
Experience traditional Chinese etiquette when eating at a Chinese restaurant
- 認識不同中式點心，如：糯米雞、燒賣及腸粉等傳統食物。
Acquire an understanding of different traditional Chinese dim sum, including glutinous rice chicken, siumai and rice rolls

活動簡介

- 在體驗日當日，高班幼兒一起到茶樓喝茶和吃點心，幼兒品嚐了各式各樣的點心及中式茶。為了讓幼兒體驗「飲茶」的整個流程，過程中幼兒有機會自行操作，他們自行填寫點心紙下單，自行清洗食具，自行用筷子夾點心，更嘗試自行用茶壺斟茶。藉此體驗，幼兒能認識中國特色食物及了解到中國傳統飲食文化，並培養幼兒對中華文化的熱愛。
- On that day, UK children went to a Chinese restaurant to drink tea and eat dim sum. They tried a variety of dim sum and Chinese tea. To let the children to experience the entire "tea drinking" process, they had the opportunity to operate independently. They filled out their own order forms, washed their own utensils, used chopsticks to pick up dim sum, and even tried pouring tea from a teapot. Through this experience, the children learned about Chinese specialty foods and traditional Chinese food culture, fostering their love for Chinese culture.

活動記錄 (例如 : 兒童作品 / 活動的照片 / 影音)

